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How much oil does a 2019 chevy traverse take

What type of oil change does my Chevrolet Traverse need? It is recommended to use for Chevrolet Traverse cars the appropriate API SN, API SP classification and approvals General Motors, with viscosity 0W-20, 5W-20, 5W-30 or 10W-30. SAE: 0w-20API: SP, SN PLUS, SNACEA: A1/B1ILSAC: GF-6A, GF-5, GF-4Chrysler MS-6395Ford WSS-M2C947-B1, WSS-M2C947-AWe may earn a commission if you make a purchase of a product through one of our links at no additional cost to you. High Performance Synthetic Motor Oil combines premium base oils with proprietary additive technology to create a high-performance motor oil. As a result, it optimizes engine performance and provides superior protection.Recommended for cars: Buick, Cadillac, Chevrolet, GMC, Toyota, Honda, Mazda, Mitsubishi, Nissan, Subaru, Hyundai, Kia Check PriceSpecifications: API: SN PLUS ILSAC: GF-5 For gasoline engines where a motor oil according to current specifications is required or recommended. Tested safe with catalytic converters and turbochargers. Check PriceViscosity: SAE: 0w-20, 5w-20, 5w-30Specifications: API: SN-R, SN PLUS ILSAC: GF-5Approvals: Chrysler MS-6395, Ford WSS- WSS-M2C945-B1, GM dexos1™ Gen 2 Valvoline High Mileage with MaxLife Technology Synthetic Blend Motor Oil is specially formulated to protect engines with over 75,000 miles. The proprietary formula protects against the four major causes of high mileage engine breakdown: wear, friction, heat and deposits. It also features premium seal conditioners that rejuvenate aging seals to help treat and prevent leaks. Valvoline High Mileage with MaxLife Technology is proven to maximize engine life. Check PriceSpecifications: API: SP ILSAC: GF-6AApprovals: GM dexos1 Gen 2, Chrysler MS-6395, Ford WSS-M2C960-A1 BULLETPROOF FORMULA - Top-of-the-line grade motor oil, the highest quality engine oil available & the most popular viscosity on the market. Check PriceSpecifications: API: SN / CF ACEA: A3/B3/B4Approvals: VW 502.00 / 503.01 / 505.01, BMW LL-01, Ford WSS-M2C946-A, GM dexos1 (GM-LL-A-025, GM6094M, GM4718M) The first motor oil made from natural gas, not crude, is a first of its kind full synthetic motor oil made from natural gas designed for complete protection and is race trusted.Recommended for cars: Ford, Chrysler, Dodge, Jeep, Ram, Fiat, Buick, Cadillac, Chevrolet, GMC, Toyota, Honda, Mazda, Mitsubishi, Nissan, Subaru, Hyundai, Kia Check PriceSpecifications: API: SN, SM, SL and SJ ACEA: A1/B1-10, A1/B1-12 ILSAC: GF-6Approvals: Chrysler MS-6395, GM dexos1, Ford WSS-M2C947-A All our reviews are based only on expert assessments or practical experience with most of the oils we consider. We aim to ensure that our management is independent.Choose oil according to Chevrolet recommendations (should be indicated in the service book of your Chevrolet Traverse car).Apply oil that is already used in your Chevrolet Traverse engine (data must be entered in the service book).Choose oil according to the recommendations of engine oil producers and Chevrolet tolerances, we have collected this information in this review. For new Chevrolet Traverse cars, for cars with less than 75,000 miles, we recommend to use engine oil viscosity 0w-20, API SN, API SP specification.Eneos Full Synthetic Oil 0W-20API: SN, ILSAC: GF-5, GM dexos1 Gen 2Nissan Genuine Synthetic Oil 0W-20ILSAC: GF-5, API: SNGenuine Honda Synthetic Oil 0W-20ILSAC: GF-5, API: SN For new Chevrolet Traverse cars, for cars with less than 75,000 miles, we recommend to use engine oil viscosity 5w-20, API SN, API SP specification.Castrol Edge Advanced Full Synthetic Oil 5W-20ILSAC: GF-5, API: SN, ACEA: A1, ACEA B1, GM dexos1, Ford WSS-M2C153-H, Ford WSS-M2C930-A, Ford WSS-M2C945-A, Chrysler MS 6395Chevron Supreme 5W-20API: SN, ILSAC: GF-5, GM dexos1 Gen 2Genuine Ford Fluid Premium Oil 5W-20ILSAC: GF-5, Ford WSS-M2C945-A For new Chevrolet Traverse cars, for cars with less than 100,000 miles, we recommend to use engine oil viscosity 5w-30, API SN, API SP specification.Schaeffer Manufacturing Supreme 7000 5W-30API: SN PLUS, ILSAC GF-5, Ford WSS-M2C946-A, Ford WSS-M2C929A, General Motors 6094M, Chrysler MS-6395, Chrysler MS-9214Valvoline Advanced 5W-30API: SP, SN +, ILSAC: GF-6A, GM 6094M, Chrysler MS-6395, Ford WSS M2C946-AFord Genuine Oil 5W-30ILSAC: GF-5, Ford WSS-M2C946-ASTP Motor Oil 10w3ILSAC: GF-5, API: SNCastrol GTX High Mileage 10W-30ILSAC: GF-5, API: SNHavoline PRO DS 10W-30ILSAC: GF-6A, API: SN+, Chrysler MS-6395, GM 6094M, GM 4718M, Fiat 9.55535-CR-1, Chrysler MS-6395Havoline PRO DS Full Synthetic 5W-20API: SN, SN+, ILSAC: GF-6A, Chrysler MS-6395, Fiat 9.55535-CR-1, Ford WSS-M2C960-A1, GM 6094MMotul 8100 X-Clean 5W-30ACEA: C3, BMW Longlife-04, MB 229.31, MB 229.51, Porsche C30, VW 504 00, VW 507 00Ravenol Motor Oil FES 0W-30 Fully SyntheticACEA: C2, BMW Longlife-12 FE, Chrysler MS-13340, FIAT 9.55535-DS1, 9.55535-GS1, IVECO 18-1811, Jaguar Land Rover STJLR.03.5007, PSA B71 2290, B71 2312Designed with gasoline engines in mind GM Dexos 1 replaces the GM-LL-A-025, GM6094M and GM4718M specifications. This specification is usually recommended for GM vehicles built for the North American and Asian markets. Compared to ILSAC GF-5 it has stricter requirements regarding piston deposit formation, aeration, oxidation stability, wear, low-temperature pumpability and volatility.GM Dexos 2The GM Dexos 2 specification is meant to be the replacement for both GM-LL-A-025 (gasoline) and GM-LL-B-025 (diesel) specifications for the European market. Oils meeting GM Dexos 2 are required for vehicles manufactured from MY2011 onward but they are also backward compatible with older models. This specification is built on the ACEA C3 standard but also contains elements from the ILSAC GF-4 deposit formation test and low-temperature sludge build-up test.GM-LL-A-025Special GM approval for long-life engine oil for gasoline engines. Viscosity is SAE 0W-30. Product meets ACEA A3/B3. Drain interval can be as long as 30 000 kms. Recommended for vehicles built before MY2011.GM-LL-B-025Special GM approval for long-life engine oil for diesel engines. Viscosity is SAE 5W-40. Product meets ACEA A3/B3/B4. Drain interval can be as long as 50 000 kms. Recommended for vehicles built before MY2011.The amount and viscosity of engine oil depends on the generation of Chevrolet Traverse, the volume and type of the engine, as well as the degree of its wear. Engine: LLT, production year: 2009, 2010. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a Engine: LLT, production year: 2011. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a Engine: LLT, production year: 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a Engine: LLT, production year: 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a Engine: LLT, production year: 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a Engine: LLT, production year: 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020. Oil viscosity: 0w30, 0w40, 5w40, 10w40, engine oil capacity: 5.2-5.7 l 5.49-6.02 US Quarts / Filter: n/a The Chevrolet Traverse comes with a long list of available features and a lot of interior space for large families or passionate travelers. The vehicle comes with 7 seats, having a 3rd row and great cargo space behind. The exterior was updated with a refreshed front grille, updated front and rear fascias, LED headlamps and taillamps and 4 new wheels design. The Traverse was offered in 7 trim levels: L, LS, LT Cloth, LT Leather, RS, Premier and High Country. The 2018 Chevrolet Traverse was unveiled at the 2017 Chicago Auto Show. It was designed as an 8-seat crossover MPV, but its look was closer to an SUV. Unusual for a vehicle of that size, the Traverse was available with a 2.0-liter turbocharged engine paired with a 9-speed automatic transmission and front-wheel-drive only. The 3.6-liter V6 was mated to the same gearbox, but it was available with all-wheel-drive. Under the hood, Chevrolet kept the same 3.6-liter V6 gasoline engine paired to a standard 6-speed automatic. The car was available with either front- or all-wheel-drive. Four years later, the Traverse received an update both on the interior and the exterior. The vehicle had to follow a new design path than the original version. From the technical point of view, the Traverse came fitted with the same engine as before, only slightly updated. The car is powered by a 3.6L V-6 engine with direct injection technology, which develops up to 281 horsepower at 6300 rpm and a maximum torque of 266 lb-ft at 3600 rpm. The 2008 Chevrolet Traverse also features a hydro-matic six-speed automatic transmission. Available in LS, LT and LTZ models, in both front-wheel-drive and all-wheel-drive configurations.We conduct product comparison tests, choose the best for you to make the choice of oils and lubricants as easy and convenient as possible.Reviews We study customer experience, product reviews, choose what you are most interested in for the test.Tests We test the motor oil, determine how its characteristics correspond to the manufacturer's information.Buyers Guide Prepare for your guides with product reviews, to make choosing engine oil easier. This automotive "how-to" guide was specifically written to assist owners of the 2009, 2010, 2011, 2012, 2013, 2014, 2015 & 2016 GM Chevrolet Traverse crossover SUV equipped with the LLT 3.6 liter V6 engine in changing the motor oil and replacing the oil filter. Owners of other General Motors vehicles with the LLT 3.6L V6 such as the Cadillac CTS, STS, Buick Enclave, GMC Acadia, Saturn Outlook, Holden VE Commodore, WM Statesman, WM Caprice, Buick LaCrosse, CXS and Chevy Camaro may also find these DIY oil change instructions to be helpful. The items needed to complete this procedure include a floor jack with jack stands (or ramps), a 15mm socket with ratcheting wrench, a used oil catch container, a new oil filter and 6 US quarts (5.7l) of new SAE 5W-30 oil. A few compatible oil filters with their part numbers are as follows: Mobil 1 M1-212, Royal Purple L22500, K&N PS-2011, Hastings LF641, Motorcraft L22500S, ACDelco PF63E, Fram PH10575, Wix 57045, Pennzoil HPZ-173, and Mann ML 1049. We're offline for a tune-up, we'll be up and running smoothly very soon. In the meantime, here are some other options available: Visit an Advance Auto Parts store Sign up for SpeedPerks Rewards View us on Social Media Facebook/Twitter/Blog We appreciate your patience - on your next visit, use coupon code PS20 for 20% off your purchase. We look forward to serving you, The Advance Team We're offline for a tune-up, we'll be up and running smoothly very soon. In the meantime, here are some other options available: Visit an Advance Auto Parts store Sign up for SpeedPerks Rewards View us on Social Media Facebook/Twitter/Blog We appreciate your patience - on your next visit, use coupon code PS20 for 20% off your purchase. We look forward to serving you, The Advance Team Maintenance check at 7500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter REPLACE Cabin Air Filter RESET Oil Life Monitor ROTATE Tires Maintenance check at 15000 miles for your 2019 Chevrolet Traverse LT RESET Oil Life Monitor INSPECT Engine Oil & Filter Maintenance check at 15417 miles for your 2019 Chevrolet Traverse LT Maintenance check at 22500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter REPLACE Cabin Air Filter RESET Oil Life Monitor Maintenance check at 23334 miles for your 2019 Chevrolet Traverse LT Maintenance check at 30000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 31251 miles for your 2019 Chevrolet Traverse LT Maintenance check at 37500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor ROTATE Tires Maintenance check at 39168 miles for your 2019 Chevrolet Traverse LT Maintenance check at 45000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter INSPECT Evap Emission Control System REPLACE Air Cleaner/Element REPLACE Automatic Transaxle Fluid REPLACE Cabin Air Filter RESET Oil Life Monitor Maintenance check at 47085 miles for your 2019 Chevrolet Traverse LT Maintenance check at 52500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 45002 miles for your 2019 Chevrolet Traverse LT Maintenance check at 60000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 62919 miles for your 2019 Chevrolet Traverse LT Maintenance check at 67500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter REPLACE Cabin Air Filter RESET Oil Life Monitor Maintenance check at 70836 miles for your 2019 Chevrolet Traverse LT Maintenance check at 75000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter REPLACE Hood Support Gas Strut RESET Oil Life Monitor Maintenance check at 78753 miles for your 2019 Chevrolet Traverse LT Maintenance check at 82500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 86670 miles for your 2019 Chevrolet Traverse LT Maintenance check at 90000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter INSPECT Evap Emission Control System REPLACE Automatic Transaxle Fluid REPLACE Cabin Air Filter REPLACE Air Cleaner/Element RESET Oil Life Monitor Maintenance check at 94587 miles for your 2019 Chevrolet Traverse LT Maintenance check at 97500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter INSPECT Spark Plug Wires REPLACE Automatic Transaxle Fluid REPLACE Spark Plugs RESET Oil Life Monitor Maintenance check at 102504 miles for your 2019 Chevrolet Traverse LT Maintenance check at 105000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 110421 miles for your 2019 Chevrolet Traverse LT Maintenance check at 112500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter REPLACE Cabin Air Filter RESET Oil Life Monitor Maintenance check at 118338 miles for your 2019 Chevrolet Traverse LT Maintenance check at 120000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 126255 miles for your 2019 Chevrolet Traverse LT Maintenance check at 127500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 134172 miles for your 2019 Chevrolet Traverse LT Maintenance check at 135000 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter INSPECT Evap Emission Control System REPLACE Air Cleaner/Element REPLACE Automatic Transaxle Fluid REPLACE Cabin Air Filter RESET Oil Life Monitor Maintenance check at 142089 miles for your 2019 Chevrolet Traverse LT Maintenance check at 142500 miles for your 2019 Chevrolet Traverse LT INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 150000 miles for your 2019 Chevrolet Traverse LT DRAIN Engine Coolant INSPECT Engine Accessory Drive Belt INSPECT Engine Oil & Filter RESET Oil Life Monitor Maintenance check at 150006 miles for your 2019 Chevrolet Traverse LT

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